

Saint Meinrad

Retreats

Weekend & Midweek

2017 and 2018



Archabbey Guest House
and Retreat Center
200 Hill Drive
St. Meinrad, Indiana 47577

Updated January 2017

SIX POWERFUL REASONS TO MAKE A RETREAT

1. To solve your personal problems. Nothing works as a greater spur to resolving problems than getting away from one's ordinary environment for a period of time to see and meditate on God's will, while looking over your own life from a distance. Private, personal desires begin to look very unimportant. God's will and God's love gradually appear to be what they really are: the most important goals in the world.
2. To get away from worldly distractions. Because the world around you bombards you constantly about material things, you must get away from it once in a while. Never in history was the world's voice louder than it is today—in television, radio, newspapers, magazines, the Internet, social gatherings, business contacts and advertising. At a retreat, you're reminded that you can only enjoy the good things of the world if you are living for something bigger than this world—and that is God.
3. To renew your lifetime goals. You constantly need new ideas, more knowledge and deeper convictions about your primary goal in life, and an effective way of attaining them is through making a retreat.
4. To meet people who share your faith. You will meet and mingle with other men and women from various walks of life. Their example will encourage and inspire you.
5. To get some rest and relaxation. You will actually enjoy making a retreat. It can be a refreshing and relaxing experience.
6. To talk with people who regularly make retreats. Tens of thousands of men and women testify to the incalculable good that has come to them through their retreats. If you have lingering doubts about whether you will get any good out of it, ask friends who make regular retreats.

Dear Friend,

I'm delighted to send you this latest brochure of our upcoming retreats. All of these retreats include at least five conferences, room and meals, including two hot breakfasts and two socials. Our Archabbey Guest House and Retreat Center has 31 spacious rooms. Each room includes twin beds, private bath and individual temperature control. The Guest House also has a chapel, two conference rooms, reception area, reading rooms and dining room.

The beautiful setting of Saint Meinrad Archabbey, comfortable accommodations, and an opportunity to attend Mass and Divine Office with the monastic community enhance our retreats. During the week, you can choose a guided retreat with a personal director or a private retreat on your own. Group retreats can also be arranged. A wide variety of videotaped retreats are also available for viewing at no cost.

If you would like brochures to share with others or to place in your church's brochure rack, please call toll-free (800) 581-6905 or send your request by fax to (812) 357-6841 or by email to mzoeller@saintmeinrad.edu.

If you prefer to register online for a retreat, please visit our website www.saintmeinrad.org. Or you can use the registration form on Page 29.

With so much trouble in the world, many Christians feel a real need to connect with spiritual values. May God bless you, prosper your prayer and work, and keep you in His loving care.

Your monk friend,

Br. Maurus Zoeller, OSB

Br. Maurus Zoeller, OSB
Retreat Director/Guestmaster

P.S. If you're interested in a gift certificate, see Page 27. Also, I can email you the entire 2017-2018 retreat brochure so you can add it to your Sunday bulletin or parish website.

2017 RETREAT DATES

February 10-12, 2017 Fr. Noël Mueller, OSB
(Married Couples Only - Retreatants limited)

Almost Paradise – Living together in great love is the secret to human happiness – something we'll enjoy completely only in heaven. But here on earth, giving oneself in love to others (spouse, children, friends) is the stepping stone to great joy. In this retreat, we'll explore creative steps to such living in love. Audio-visual materials will enhance our study. Celebrate an early Valentine's Day at Saint Meinrad. (\$425 double)

March 9-12, 2017 Fr. Jeremy King, OSB
(Secretaries and Parish Administrators Retreat)

Praying the Psalms in the Office – The office is a place for work, but in the liturgy the Office is also a time for prayer. While the office staff/team might or might not pray together, the Psalms offer lots to reflect on in a given day. This retreat will examine some of the psalms to help sustain the work of the office. (\$350 single, \$515 double)

March 17-19, 2017 Fr. Adrian Burke, OSB

Contemplative Living – This retreat will explore the topic of deep prayer, as gleaned from the mystical tradition of the Church. Contemplation is a mode of prayer rooted in one's inmost self – the simple and quiet center – the abode of deep prayer described by the mystics and characterized not by strange experiences so much as by an inner tranquility and silent resting in the presence of God. Contemplative prayer opens the senses to greater awareness and generates a grace-illuminated capacity to observe reality more intensely, thus

perceiving more readily a vision of things as they truly are. (\$255 single, \$425 double)

March 24-26, 2017 Fr. Vincent Tobin, OSB
I am with You Always, Even to the End of the World: The Sacraments of the Church – The sacraments guarantee those words of Jesus’ empowering presence in our lives from the cradle to grave. “We hurry to the gospel as to Christ physically present among us,” said St. Ignatius of Antioch. Faith reflection on the four gospels leads us to holy signs, sacred actions that use the physical things of the world – water, wine, bread, oil, words, hand, and yes, spit – to break through the humdrum of everyday life by drawing down the enabling power of God. The “I AM” of the burning bush translates to “I am with you.” (\$255 single, \$425 double)

March 31-April 2, 2017 Fr. Noël Mueller, OSB
Second Valentine’s Retreat (Married Couples Only)
Almost Paradise – Living together in great love is the secret to human happiness – something we’ll enjoy completely only in heaven. But here on earth, giving oneself in love to others (spouse, children, friends) is a stepping stone to great joy. In this retreat, we’ll explore creative steps to living in love. Audio-visual materials will enhance our study. (\$425 double)

April 7-9, 2017 Fr. Noël Mueller, OSB
Celebrating the Paschal Mystery – This retreat will help prepare us for the celebration of Holy Week by exploring the theology/spirituality of the passion, death and resurrection of Christ. The highlight of the weekend will be the solemn celebration of Palm Sunday with the monastic

community and the singing of the Passion. Audio-visual materials will help us enter into the spirit of this most holy week. (\$255 single, \$425 double)

April 12-16, 2017 Fr. Colman Grabert, OSB
Holy Week Retreat – The retreat will foster the faith and devotion of participants in the liturgies of Holy Week. Conferences will offer meditation and theological reflection on the liturgies of Holy Week from Palm Sunday through the Easter Vigil. Most of all, they will offer consideration of the mystery of Christ Himself in his redemptive passion, death and resurrection. (\$465 single, \$735 double)

April 18-20, 2017 Br. Zachary Wilberding, OSB
(Midweek Retreat)
“How Long, O Lord?” – This retreat draws its title from Psalm 13. Often, we have a sense that we have to wait for the Lord for a very long time. When will He answer us? This retreat will reflect on how we maintain hope in the face of disappointment, how we wait for the Lord as people of faith. (\$255 single, \$425 double)

April 24-28, 2017 Fr. Vincent Tobin, OSB
(Deacons and Wives Retreat)
Praying with the Psalms – The prayer book of the deacon is the Psalms, 150 prayers and reflections that describe virtually every possible human thought, feeling and situation. They invite a serious look into our relationship with God and neighbor. To understand the Psalms is to love them and to allow them to shape the deacon’s ministry. We will follow selected Psalms through complaint to praise to thanksgiving. (\$465 single, \$735 double)

April 28-30, 2017 – Fr. Eugene Hensell, OSB
Praying with the Gospel of Luke. (\$255 single,
\$425 double)

May 1-5, 2017 Fr. Vincent Tobin, OSB
(Priests Retreat)

The Psalms as Change Agents – Protestant theologian Walter Brueggemann, whom many look to as the doyen of Old Testament/ Psalms commentators, has written a short book that is changing lives. We will use his *From Whom No Secrets Are Hid: Introducing the Psalms* as the backdrop for a serious look at the Psalms as change agents in our lives. (\$465 single)

May 5-7, 2017 Fr. Adrian Burke, OSB

The Church in the Modern World – This retreat will address issues related to the evangelizing mission of the Church’s sons and daughters, those who “are united to Christ and guided by the holy Spirit,” as described in the magisterial document *Gaudium et Spes* (Vatican II: *On the Church in the Modern World*). Our world is rife with conflict and division. Serious Christians who “cherish a feeling of deep solidarity with the human race and its history” will reflect and pray about their presence and function in the world as commissioned by Christ. (\$255 single, \$425 double)

May 9-11, 2017 Fr. Luke Waugh, OSB
(Midweek Retreat)

St. Gregory the Great and Monastic Wisdom – What we know about St. Benedict and his reputation as a saint was written by St. Gregory the Great. This retreat will dive into the spirituality of this great monastic writer. (\$255 single, \$425 double)

May 19-21, 2017 Br. Simon Herrmann, OSB
Fruits of the Catholic Faith – The monastic journey allows one to experience many fruits of the Catholic faith in focused ways. With a monastic lens, this retreat will explore some of those fruits, such as the sacraments, Mary and the saints, prayer, work, leisure, study and community. There will be opportunities for individual and group reflection. (\$255 single, \$425 double)

June 16-22, 2017 Br. Martin Erspamer, OSB, and Br. Michael Moran, CP (Retreatants limited)
The Image as a Window to the Spiritual: An Artist's Six-Day Hands-on Workshop and Retreat – From the beginning, art has been used as a pathway toward spiritual insight and awareness. On this studio retreat, each participant will work in one of several media throughout the week. Emphasis will be placed on cultivating the monastic values of listening, interior silence and gratitude through the process of making art. Each day will include a morning conference, generous afternoon studio time, and evening sharing and discussion in a relaxed atmosphere. Retreatants will also participate in the rhythm of the daily monastic liturgies. (\$695 single, \$1,045 double)

June 30-July 2, 2017 Br. Nathaniel Szidik, OSB
Spiritual Integration: Fitness, Health and Physical Well-being – With Scripture and the *Rule of St. Benedict* as our guide, we will explore how a life of physical fitness and healthful eating leads us on a journey of self-knowledge, self-acceptance and self-gift, ultimately ending in love for God, neighbor and self. Optional opportunities for a group nature walk or other physical activities will be available (bring fitness clothing). (\$255 single, \$425 double)

July 14-16, 2017 Fr. Noël Mueller, OSB
A Weekend with Mary, Our Blessed Mother – Exploring Mary’s important role in presenting the Savior to our world, this retreat will focus on the latest Marian spirituality. A high point of the weekend will be the Sunday celebration of Our Lady of Einsiedeln – patroness of our Archabbey Church. A visit to the Shrine of Our Lady of Monte Cassino to pray the scriptural rosary will be offered. (\$255 single, \$425 double)

July 17-21, 2017 Fr. Columba Kelly, OSB
Bringing to Life the Word of God in Song – Learn how the practice of Gregorian chant brings to life the Word of God in song, and study the intimate relationship between the proclaimed Word of God and its melodic setting. Learn a new way to enhance your spiritual reading. The workshop includes study of the original chant notations as the key to unlocking the spiritual and artistic qualities that have influenced later Western music. Practice singing both Latin and English settings in chant style will be included. (\$465 single, \$735 double)

July 21-23, 2017 Dave Maloney
A Step 11 Retreat for Recovering Alcoholics and Alanons – This retreat is for those seeking, through heartfelt prayer and meditation, to improve their conscious contact with God, as they understand Him, praying only for knowledge of His will for them and the power to carry it out with guided meditation, *lectio divina*, praying with the monks and group sharing. This retreat is designed for those who wish to abandon themselves to God. (\$255 single, \$425 double)

July 24-28, 2017 Fr. Columba Kelly, OSB
Bringing to Life the Word of God in Song – Learn how the practice of Gregorian chant brings to life the Word of God in song, and study the intimate relationship between the proclaimed Word of God and its melodic setting. In this advanced session, we will practice singing both Latin and English settings in chant style. (\$465 single, \$735 double)

July 25-27, 2017 Br. Zachary Wilberding, OSB
(Midweek Retreat)
Forgiven and Forgiving – In the Lord's Prayer, we make a covenant with God that we will forgive as we have been forgiven. What are the practical consequences of this spiritual covenant in everyday life? We will explore how to live a life of forgiveness in this retreat. (\$255 single, \$425 double)

August 18-20, 2017 Br. William Spraurer, OSB
Benedictine Spirituality – The conferences for this retreat will address certain key components of the Benedictine charism distilled from the *Rule of St. Benedict* and the lived tradition of modern Benedictine monastic communities. The wisdom of St. Benedict's gospel-centered *Rule* advocates principles that can guide men and women wanting to live a serious Christian life, even in the secular world. (\$255 single, \$425 double)

August 22-24, 2017 Br. Maurus Zoeller, OSB
(Midweek Retreat)
Pray Your Way to Happiness – We often think of prayer as an obligation to God. Actually, prayer is the very substance of life, the key to strength and joy, here and hereafter. This retreat is a practical introduction to prayer for life. (\$255 single, \$425 double)

August 25-27, 2017 Br. Martin Erspamer, OSB
Beauty as a Pathway to God: Religious Art and Symbol in the Spiritual Life, Part 1 – This retreat will explore how beauty in nature and art reveals God’s presence and action in the world and examines the strength and power of religious imagery, art and architecture through the ages. (\$255 single, \$425 double)

September 15-17, 2017 Fr. Eugene Hensell, OSB
Praying with the Gospel of Matthew. (\$255 single, \$425 double)

September 22-24, 2017 Fr. Adrian Burke, OSB
Contemplative Living – This retreat will explore the topic of deep prayer, as gleaned from the mystical tradition of the Church. Contemplation is a mode of prayer rooted in one’s inmost self – the simple and quiet center – the abode of deep prayer described by the mystics and characterized not by strange experiences so much as by an inner tranquility and silent resting in the presence of God. Contemplative prayer opens the senses to greater awareness and generates a grace-illuminated capacity to observe reality more intensely, thus perceiving more readily a vision of things as they truly are. (\$255 single, \$425 double)

September 29-October 1, 2017 Fr. Noël Mueller, OSB
The Bellinis: Artists of the Renaissance in Venice – Using visual aids (slides and movies), we will explore the beautiful spirituality of a series of fantastic artists who gave to the world some extraordinary spiritual works of the high Renaissance in Italy. Focusing on the history of this most wondrous time of creativity and spirituality,

we'll situate these gifted artists in the procession of most creative painters. (\$255 single, \$425 double)

October 3-5, 2017 Fr. Luke Waugh, OSB

(Midweek Retreat)

Hail Mary Full of Grace: Pray with Mary – The Mother of God has given us a mystical connection with her Son. We will explore different ways we can unite our prayer with Mary and come to a deeper connection with our Lord. (\$255 single, \$425 double)

October 13-15, 2017 Fr. Harry Hagan, OSB

Reading the Scriptures – This retreat will explore various ways to read the Bible stories and look for their meaning for us today. Often this is called *lectio divina* – the ancient practice of reading the Scriptures, and this retreat will offer people new ways to read the Bible for spiritual enrichment. (\$255 single, \$425 double)

October 16-20, 2017 Fr. Eugene Hensell, OSB

(Priests Retreat)

Discipleship and Ministry According to the Gospel of John – This retreat will offer reflections on the Gospel of John, focusing on who Jesus is and what it means to be his disciple. Particular attention will be given to challenges in this gospel that are relevant for priestly ministry today. Our goal will be to encounter Jesus again for the first time. “You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last...” (John 15:16). (\$465 single)

November 3-5, 2017 Br. Zachary Wilberding, OSB

Gratitude – As the feast of Thanksgiving draws near, this retreat will explore the place of gratitude in the spiritual lives of Christians. (\$255 single, \$425 double)

November 7-9, 2017 Fr. Colman Grabert, OSB
(Midweek Retreat)

On Becoming the Publican in the Temple: St. Benedict's Degrees of Humility – “Self-exaltation leads to humiliation; self-humbling leads to exaltation.” St. Benedict's 12 degrees of humility begin with this declaration of the Lord in the parable of the Pharisee and the tax collector in the temple (Luke 18:9-14) and concludes with the tax collector as a model of humility. The Ladder of Humility invites a descent in humility in order to be raised up by God. This progress downward in humility leads to the emergence of charity and the firm hope of sharing in God's glory. This retreat offers meditation on this Ladder of Humility.
(\$255 single, \$425 double)

November 10-12, 2017 Fr. Adrian Burke, OSB
The Church in the Modern World – This retreat will address issues related to the evangelizing mission of the Church's sons and daughters, those who “are united to Christ and guided by the holy Spirit,” as described in the magisterial document *Gaudium et Spes* (Vatican II: *On the Church in the Modern World*). Our world is rife with conflict and division. Serious Christians who “cherish a feeling of deep solidarity with the human race and its history” will reflect and pray about their presence and function in the world as commissioned by Christ. (\$255 single, \$425 double)

November 17-19, 2017 Fr. Eugene Hensell, OSB
Praying with the Gospel of John. (\$255 single, \$425 double)

December 15-17, 2017 Fr. Noël Mueller, OSB
Sing Ye Noël – This retreat will explore the history of some of the many Christmas carols and ponder

on their spirituality. Opportunities for singing these lovely songs will help us prepare for a festive Christmastide. (\$255 single, \$425 double)

2018 RETREAT DATES

February 9-11, 2018 Fr. Noël Mueller, OSB
(Valentine Married Couples Only Retreat)
Winning Relationships – A Couples Retreat – We Americans are very competitive people – we like to win at life. As married couples and committed parents, we daily practice winning, healthy exchanges. Our family relationships are crucial for each of us. This weekend retreat will explore through audio-visual media and conferences how to truly win every day in the game of life. Celebrate with other couples the joy of God's work in our lives. (\$425 double)

March 8-11, 2018 Fr. Adrian Burke, OSB
(Secretaries and Parish Administrators Retreat)
Christian Hospitality – Pope Francis, in his writings and talks, has encouraged Christians to embrace more intentionally the Christian virtue of hospitality, which he describes as accompanying and welcoming. We will use scripture and the pope's writings to explore what it means to be a Church that welcomes and accompanies people as they journey to the kingdom. (\$350 single, \$515 double)

March 16-18, 2018 Fr. Noël Mueller, OSB
(Second Valentine Married Couples Only Retreat)
Winning Relationships – A Couples Retreat – We Americans are very competitive people – we like to win at life. As married couples and committed parents, we daily practice winning, healthy exchanges. Our family relationships are crucial for

each of us. This weekend retreat will explore through audio-visual media and conferences how to truly win every day in the game of life. Celebrate with other couples the joy of God's work in our lives. (\$425 double)

March 23-25, 2018 Fr. Adrian Burke, OSB
Benedictine Spirituality – The conferences will address certain key components of the Benedictine charism distilled from the *Rule of St. Benedict* and the lived tradition of modern Benedictine monastic communities. The wisdom of St. Benedict's gospel-centered *Rule* advocates principles that can guide men and women wanting to live a serious Christian life, even in the secular world. (\$255 single, \$425 double)

March 28-April 1, 2018 Fr. Colman Grabert, OSB
Holy Week Retreat – The retreat will foster the faith and devotion of participants in the liturgies of Holy Week. Conferences will offer meditation and theological reflection on the liturgies of Holy Week from Palm Sunday through the Easter Vigil. Most of all, they will offer consideration of the mystery of Christ in his redemptive passion, death and resurrection. (\$465 single, \$735 double)

April 20-22, 2018 Br. Zachary Wilberding, OSB
Bible Bootcamp: The Basics – Do you get nervous trying to find something in the Bible? Do you wonder why Catholics, Protestants and Orthodox Christians have different Bibles? Do you know the difference between Methuselah, Malachi and the Maccabees? If your answer to any of these questions is “No,” then this retreat is for you. We will explore the origins, structure and history of the Bible in a way that will help you to appreciate it more. (\$255 single, \$425 double)

April 23-27, 2018 Fr. Luke Waugh, OSB
(Deacons and Wives Retreat)

Continuing the Mission of Mercy – Pope Francis declared an Extraordinary Jubilee of Mercy for 2016. While the jubilee year may be over, the Holy Father wishes that we continue the mission of mercy. This retreat builds on the spirit of the Year of Mercy and we will explore how we can more fully embrace mercy in our lives and in our parishes. (\$465 single, \$735 double)

April 27-29, 2018 Fr. Adrian Burke, OSB

Contemplative Living – This retreat will explore the topic of deep prayer as gleaned from the mystical tradition of the Church. Contemplation is not only for monks and nuns. It is a mode of prayer rooted in one's inmost self – the simple and quiet center – the abode of deep prayer described by the mystics and characterized not by strange experiences so much as by an inner tranquility and silent resting in the presence of God.

Contemplative prayer opens our interior senses to a greater awareness and generates a grace-illuminated capacity to observe reality more intensely, seeing things as they truly are. (\$255 single, \$425 double)

April 30-May 4, 2018 Fr. Eugene Hensell, OSB
(Priests Retreat)

Key Themes in the Gospel of Mark: Challenges for Preaching and Pastoral Practice – This retreat for priests will explore some of the key themes in the Gospel of Mark that are important for preaching and the way priests carry out their pastoral practice. (\$465 single)

May 4-6, 2018 Br. Martin Erspamer, OSB

Beauty as a Pathway to God: Religious Art and Symbol in the Spiritual Life – This retreat will explore how beauty in nature and art reveals God's

presence and action in the world. We will examine the strength and power of religious imagery, art and architecture through the ages. (\$255 single, \$425 double)

May 8-10, 2018 Fr. Colman Grabert, OSB
(Midweek Retreat)

On Becoming the Publican in the Temple: St. Benedict's Degrees of Humility – “Self-exaltation leads to humiliation; self-humbling leads to exaltation.” St. Benedict's 12 degrees of humility (RB Chapter 7) begin with this declaration of the Lord in the parable of the Pharisee and the tax collector in the temple (Luke 18:9-14) and concludes with the tax collector as a model of humility. The Ladder of Humility invites a descent into humility that leads to being raised up by God. This progress “downward” in humility leads to the emergence of charity and the firm hope of sharing in God's glory. (\$255 single, \$425 double)

May 18-20, 2018 Fr. Vincent Tobin OSB

Your Faith Has Saved You – Or Has It? – People often leave their faith because God did not answer their prayers for a loved one who has died. They offer heaps of novenas, Masses and rosaries with no visible results. Is the Lord asleep in the boat? (\$255 single, \$425 double)

June 15-21, 2018 Br. Martin Erspamer, OSB, and Br. Michael Moran, CP (Retreatants limited)

The Image as a Window to the Spiritual: An Artist's Six-Day Hands-on Workshop and Retreat – From the beginning, art has been used as a pathway toward spiritual insight and awareness. On this studio retreat, each participant will work in one of several media throughout the week. Emphasis will be placed on cultivating the monastic values of listening, interior silence and

gratitude through the process of making art. Each day will include a morning conference, generous afternoon studio time, and evening sharing and discussion in a relaxed atmosphere. Retreatants will also participate in the rhythm of the daily monastic liturgies. (\$695 single, \$1,045 double)

July 6-8, 2018 Fr. Noël Mueller, OSB

Gates of Paradise: An Art Retreat – Following in a series of art retreats offered here (Fra Angelo, Raphael, Caravaggio, Van Gogh, Cézanne), this retreat will focus on Early Renaissance in Florence and the famous doors of the Baptistery of the Cathedral. Michelangelo called Lorenzo Ghiberti's doors the "Gates of Paradise." In contrast, one of the conferences will feature a study of Rodin's famous "Gates of Hell." Audio-visual aids will enhance this retreat. (\$255 single, \$425 double)

July 13-15, 2018 Dave Maloney (AA Retreat)

A Step 11 Retreat for Recovering Alcoholics and Alanons – This retreat is for those seeking, through heartfelt prayer and meditation, to improve their conscious contact with God, as they understand Him, praying only for knowledge of his will for them and the power to carry it out with guided meditation, *lectio divina*, praying with the monks and group sharing. This retreat is designed for those who wish to abandon themselves to God. (\$255 single, \$425 double)

July 16-20, 2018 Fr. Columba Kelly, OSB

Bringing to Life the Word of God in Song – Learn how the practice of Gregorian chant brings to life the Word of God in song, and study the intimate relationship between the proclaimed Word of God and its melodic setting. Learn a new way to enhance your spiritual reading. The workshop includes study of the original chant notations as

the key to unlocking the spiritual and artistic qualities that have influenced later Western music. Practice singing both Latin and English settings in chant style will be included. (\$465 single, \$735 double)

July 30-August 3, 2018 Fr. Columba Kelly, OSB
Bringing to Life the Word of God in Song – Learn how the practice of Gregorian chant brings to life the Word of God in song, and study the intimate relationship between the proclaimed Word of God and its melodic setting. In this advanced session, we will practice singing both Latin and English settings in chant style. (\$465 single, \$735 double)

July 31-August 2, 2018 Br. Maurus Zoeller, OSB
(Midweek Retreat)
Peace, the Benedictine Way – This retreat will focus on the holy *Rule of St. Benedict* and how it can apply to living with peace in today's fast-paced society. Many chapters of the *Rule* can be applied and adapted and we can glean ideas from it that will greatly enhance our spiritual lives and help us attain true peace. This retreat should help us become better Christians and give us a greater appreciation for preparing for our heavenly home. (\$255 single, \$425 double)

August 17-19, 2018 Fr. Eugene Hensell, OSB
Who is St. Paul and What Did He Write: Three Perspectives – This retreat will explore the letters attributed to St. Paul. We will discover that, in fact, there are three St. Pauls and they do not all say the same thing. (\$255 single, \$425 double)

August 21-23, 2018 Br. Zachary Wilberding, OSB
(Midweek Retreat)
Monastic Living – This retreat will give participants an opportunity to experience a day of

Benedictine monastic living, including all monastic prayer periods, silence, work, as well as short conferences. There will be time for relaxation and recreation as well, but probably not much for shopping at the gift shop. (\$255 single, \$425 double)

August 24-26, 2018 Deacon Rich and Cherie Zoldak (Married Couples Only)

Benedictine Spirituality as Lived in Marriage – This retreat focuses on exploring the Benedictine vows of obedience, stability and conversion as they can be applied in marriage, with humility as the thread that binds these three vows together. This retreat is for any married couple wanting to journey deeper into their spirituality and will offer the couple ways to strengthen their marriage through Benedictine spirituality and prayer. (\$425 double)

September 14-16, 2018 Fr. Eugene Hensell, OSB

How to Read the Gospel of John with

Understanding: Signs for Our Time – The first half of the Gospel of John is called “the book of signs.” To understand the Gospel of John, one must know how to read these signs with understanding. This retreat will look carefully at several of these important signs. (\$255 single, \$425 double)

September 17-21, 2018 Fr. Luke Waugh, OSB (Deacons and Wives Retreat)

Continuing the Mission of Mercy – Pope Francis declared an Extraordinary Jubilee of Mercy for 2016. While the jubilee year may be over, the Holy Father wishes that we continue the mission of mercy. This retreat builds on the spirit of the Year of Mercy and we will explore how we can

more fully embrace mercy in our lives and in our parishes. (\$465 single, \$735 double)

September 21-23, 2018 Fr. Noël Mueller, OSB
Simplicity Retreat Revised: A Way of Life – Searching the Gospels, we discover the simplicity of our Savior. Such simplicity is not only exterior (possessions), but also deeply interior (heart and soul). This retreat will explore the popular trend toward simplicity and suggest ways that the Christian today can live fully the Lord’s life-giving admonitions amid a consumer-oriented society. (\$255 single, \$425 double)

September 28-30, 2018 Fr. Adrian Burke, OSB
The Church in the Modern World – The conferences will address issues related to the evangelizing mission of the Church’s sons and daughters, those who “are united to Christ and guided by the holy Spirit,” as described in the magisterial document *Gaudium et Spes* (Vatican II: *On the Church in the Modern World*). Our world is rife with conflict and division. Serious Christians who “cherish a feeling of deep solidarity with the human race and its history” will reflect and pray about their presence and function in the world, as commissioned by Christ to bear a message of salvation intended for everyone. (\$255 single, \$425 double)

October 2-4, 2018 Br. Zachary Wilberding, OSB (Midweek Retreat) *Children of Abraham* – Abraham is the father of three faiths: Judaism, Christianity and Islam. This retreat will explore who Abraham was; what Jews, Christians, and Muslims have in common and how they differ; and how, as children of one father, we can live as brothers and sisters. (\$255 single, \$425 double)

October 12-14, 2018 Fr. Adrian Burke, OSB
Environmental Spirituality – Laudato Sí, the 2015 papal encyclical by Pope Francis, expresses the Church's concern over facing global environmental deterioration due to human activity and climate change. Conferences will explore spiritual dimensions of this concern and how to cultivate a spiritual sensitivity and care for our natural environment and, more broadly, the planet God made for us to be part of and to dwell in. (\$255 single, \$425 double)

October 15-19, 2018 Fr. Eugene Hensell, OSB
(Priests Retreat)
Key Themes in the Gospel of Mark: Challenges for Preaching and Pastoral Practice – This retreat for priests will explore some of the key themes in the Gospel of Mark that are important for preaching and the way priests carry out their pastoral practice. (\$465 single)

November 2-4, 2018 Fr. Vincent Tobin, OSB
Pardon My Perfection – The closer we seem to get to God, the more entitled we feel to criticize everyone who hasn't attained our spiritual heights. The Pharisee continues to trash the publican (Luke 18:9-14). Conferences will challenge us to examine this tendency of perfection. (\$255 single, \$425 double)

November 6-8, 2018 Br. Maurus Zoeller, OSB
(Midweek Retreat)
Pray Your Way to Happiness – We often think of prayer as an obligation to God. Actually, prayer is the very substance of life, the key to strength and joy, here and hereafter. This retreat is a practical introduction to prayer for life. (\$255 single, \$425 double)

November 9-11, 2018 Fr. Noël Mueller, OSB
Creative Grieving: Confronting Loss – Our lives are filled with many experiences of loss: broken relationships, lost friends, change of work or living place and, ultimately, the death of a loved one. This retreat will explore how to creatively grieve our losses while capturing the beauty of the gift of life. A team of presenters will share their insights and experiences. (\$255 single, \$425 double)

November 16-18, 2018 Fr. Eugene Hensell, OSB
The Birth of Jesus According to the Gospel of Luke
This retreat looks forward to Advent and Christmas. The focus will be on the first two chapters of Luke's gospel, which sets forth Luke's version of the birth of the Messiah. (\$255 single, \$425 double)

Nov. 30-Dec. 2, 2018 Fr. Adrian Burke, OSB
Contemplative Living – The conferences will explore the topic of deep prayer as gleaned from the mystical tradition of the Church. Contemplation is not something for only monks and nuns; it is a mode of prayer rooted in one's inmost self – the simple and quiet center – the abode of deep prayer described by the mystics and characterized not by strange experiences so much as by an inner tranquility and silent resting in the presence of God. Contemplative prayer opens our interior senses to a greater awareness and generates a grace-illuminated capacity to observe reality more intensely, seeing things as they truly are. (\$255 single, \$425 double)

Meet the Retreat Directors

Fr. Adrian Burke, OSB, a monk of Saint Meinrad Archabbey, is a 1997 graduate of Saint Meinrad School of Theology and a 2003 graduate of the Pontifical University of St. Thomas (Rome), where he studied Christian spirituality. He worked for several years in parish ministry. In addition to directing retreats, he works as a spiritual director in our seminary and teaches courses in spirituality in Saint Meinrad's Graduate Theology Programs.

Fr. Colman Grabert, OSB, a monk of Saint Meinrad Archabbey since 1960 and ordained priest since 1965, is a native of Evansville, IN. He was a longtime teacher of doctrinal theology in the seminary and has served as a spiritual director and conductor of retreats, particularly on the *Rule of St. Benedict*. He is the monastery vegetable gardener.

Fr. Columba Kelly, OSB, a monk of Saint Meinrad Archabbey, has a doctorate in Church music from the Pontifical Institute of Sacred Music in Rome. He teaches music in our Seminary and School of Theology and has written books and published music. He helped create new chant in English for singing the psalms, antiphons and responsories that are part of Mass and the Liturgy of the Hours.

Dave Maloney is married and his sobriety date is May 15, 1969. An alumnus of Saint Meinrad Seminary, he spent many years as a professional salesman. He has a bachelor's degree in English and attended graduate school at Niagara University to study guidance and counseling. He has spent 40 years working with high-risk homeless alcoholics at Progress House Inc. in Indianapolis and has conducted many workshops for alcoholics.

Deacon Rich and Cherie Zoldak have master's degrees in pastoral theology from Saint Meinrad School of Theology. They live in Louisville, KY, and have certificates in pastoral ministry from Spalding University. They have been married for 35 years and have three children. They minister to engaged couples in their parish by preparing them for marriage.

Fr. Eugene Hensell, OSB, a monk of Saint Meinrad Archabbey, has a doctorate in Scripture and is an associate professor of Scripture in the Seminary and School of Theology. Currently, he is in much demand giving biblical retreats to laity, religious groups and clergy throughout the country.

Fr. Harry Hagan, OSB, a monk of Saint Meinrad Archabbey, has a doctorate in Scripture and teaches Old Testament in our Seminary and School of Theology. Teaching the junior monks about the *Rule of St. Benedict* has given him many insights into applying the *Rule* to life today.

Fr. Jeremy King, OSB, is a monk of Saint Meinrad Archabbey and serves as Archabbey choirmaster, head musician in the Archabbey Church and a member of the Liturgical Advisory Committee. He was a member of the faculty and held administrative positions in the areas of liturgy and music. He spent 12 years in parish ministry in the Diocese of Evansville and the Archdiocese of Indianapolis.

Fr. Luke Waugh, OSB, is a monk and priest of Saint Meinrad Archabbey. He assists in our Benedictine Oblate Program by giving retreats and conferences. He is a spiritual director in the Seminary and School of Theology and is spearheading a new sabbatical program. Ordained to the priesthood in 2015, Fr. Luke provides pastoral assistance to parishes in Indiana and Kentucky.

Br. Martin Erspamer, OSB, is a monk of Saint Meinrad Archabbey. He earned a Master of Fine Arts from Boston University. He works as a stained glass window designer and liturgical artist throughout the United States.

Br. Maurus Zoeller, OSB, a monk of Saint Meinrad Archabbey, has been the guestmaster, tour and retreat director for the Archabbey for more than 20 years. Previously, he spent 32 years in a variety of Abbey Press management positions.

Br. Nathaniel Szidik, OSB, a junior monk of Saint Meinrad Archabbey, earned his bachelor's degree in chemical engineering from the University of Dayton before entering the monastery as a novice in January 2015. In addition to working as a personal trainer in our wellness center, he is studying full time for the priesthood in our Seminary and School of Theology. He holds his certification in personal training from the American Council on Exercise (ACE).

Fr. Noël Mueller, OSB, a monk of Saint Meinrad Archabbey, has a master's in English literature and a Master of Divinity. He has worked in hospital ministry, Marriage Encounter, and with youth and disabled persons. He is currently serving on the formation staff for the Seminary and School of Theology while he continues giving spiritual direction and retreats.

Br. Simon Herrmann, OSB, made his temporary profession of vows on January 20, 2016. He earned his bachelor's degree in communication management from the University of Dayton. After college, he worked for his fraternity, Beta Theta Pi, and then worked for Saint Meinrad Development Office as director of alumni relations before joining the monastery in 2014. He was a high school

participant and a college intern in Saint Meinrad's "One Bread, One Cup" liturgical formation program.

Fr. Vincent Tobin, OSB, a monk of Saint Meinrad Archabbey, spent many years teaching in Rome. He holds a licentiate in spirituality from Rome's Gregorian University and manages the Guest House and Retreat Center. He is a retreat master and spiritual director.

Br. Zachary Wilberding, OSB, a monk of Saint Meinrad Archabbey, is a registered nurse with bachelor's and master's degrees in nursing and graduate study in theology. He has practiced psychiatric and oncology nursing and has experience in hospital and prison ministry. He works in the Saint Meinrad Health Service, the library archives and the Graduate Theology Programs.

*Until you are convinced that
prayer is the best use of your time,
you will not find time for*
PRAYER

FR. HILARY OTTENSMEYER, OSB

Retreat Information

FACILITIES

The Archabbey Guest House and Retreat Center has 31 guest rooms with private baths, comfortable reading rooms, two conference rooms, reception area, chapel and dining room. It is surrounded by beautiful grounds, walking paths, shady wooded areas and several lakes.

Retreatants are encouraged to attend Mass and prayer with the Benedictine monks of Saint Meinrad Archabbey in the Archabbey Church. The Liturgy of the Hours is prayed four times each day, and Mass is celebrated every morning. A schedule will be provided at registration.

Check-in time for retreats is 2-5 p.m. Vespers in the Archabbey Church is at 5 p.m., followed by supper. The opening conference is usually held at 6:30 or 7:30 p.m. The retreat concludes with lunch on the last day of the program. A complete schedule will be provided at registration.

Note: Saint Meinrad operates on Central Time.

COSTS AND REGISTRATION

For weekend and midweek retreats, the fee for lodging, meals and conferences is \$255 for single occupancy and \$425 for double occupancy.

Donations to support the retreat program are appreciated. You can register for retreats online at: www.saintmeinrad.org.

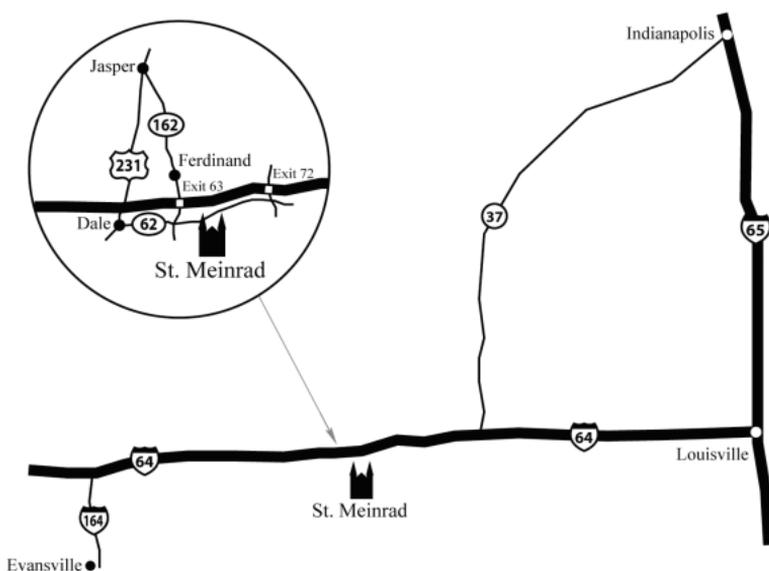
GIFT CERTIFICATES

For the person who has everything, consider a gift certificate for a Saint Meinrad retreat or Guest House stay. It's the perfect gift for that special person in your life and a unique and thoughtful way to celebrate a birthday, wedding anniversary or other special event. Prices begin at \$120. Call the Guest House and Retreat Center at (800) 581-6905 to order or get more details.

DIRECTIONS

Saint Meinrad is located in southern Indiana, about halfway between Evansville, IN, and Louisville, KY. If traveling from the west, follow I-64 to Exit 63 (Ferdinand/Santa Claus), turn right (south) on State Road 162, turn left onto State Road 62, go four miles.

From the east, take I-64 to Exit 72 (Bristow/Birdseye), turn left (south) on State Road 145, take first right onto State Road 62, go eight miles. Follow the signs to Saint Meinrad Archabbey. Parking is available at the Archabbey Guest House and Retreat Center.



OTHER RETREAT OPPORTUNITIES

Group Retreats: By special arrangement, groups are welcome to use the Guest House and its facilities for their retreats or workshops.

Guided Retreats provide a meeting with a director once a day. In the Benedictine tradition, Scripture is used to prayerfully discern the working of the Holy Spirit in one's life. The fee is \$145 per day single, \$195 double, which includes lodging, meals and conference. Many previous retreats have been recorded and are available for viewing at no cost.

Private or Silent Retreats are available at \$84 per day, which includes room and taxes. Food is additional. A silent dining room is available for those on a silent retreat.

CONTACT INFORMATION

For more information on retreats, additional brochures or retreat gift certificates, contact:

Br. Maurus Zoeller, OSB

Archabbey Guest House and Retreat Center
200 Hill Drive

St. Meinrad, IN 47577

Phone: (812) 357-6585 or (800) 581-6905

Fax: (812) 357-6841

Email: mzoeller@saintmeinrad.edu

Web: www.saintmeinrad.org

REGISTRATION FORM

Use this form to register for any of the Guest House retreats. One form is needed per person/couple.

(This form may be copied.)

Please print legibly.

Mr. Ms. Mrs. Rev. Sr. Br. Dr.

Name _____

Address _____

City _____

State _____ Zip _____

Phone (h) _____ (w) _____

Email _____ Fax _____

Retreat(s) _____ Date(s) _____

Housing request: Single _____ Double _____

Arrival _____ Departure _____

Method of payment:

Check enclosed Amount _____

Credit card number _____

Expiration date _____ Security Code _____

Type     Amount _____

Signature _____

\$25 non-refundable deposit must accompany registration.

Mail to:

Retreat Director
Archabbey Guest House and Retreat Center
200 Hill Drive
St. Meinrad, IN 47577-1301

Please tear off and mail to the above address.

Or register at our secure website: www.saintmeinrad.org

Prices are subject to change without notice.



Saint Meinrad
Archabbey

Guest House and
Retreat Center
200 Hill Drive
St. Meinrad, IN 47577

